



PRESS RELEASE: 4th Annual Run/Walk

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SPOKESPERSONS: *Available for comment*

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***4th Annual 5k Run/Walk - Start the Conversation
Scheduled Virtually this year for Saturday, April 17-24, 2021***

Fond du Lac, WI - The Wisconsin Council on Problem Gambling, Drug Free Communities of Fond du Lac County and our newest partner, YScreen, are teaming up for the 4th Annual 5K Run/Walk *Start the Conversation* on April 17-24, 2021. This year, for the first time ever, our event will be held virtually.

The time of year has specific intention; March is Problem Gambling Awareness month, April is Alcohol Awareness month, and May is Mental Health Awareness month. The primary goal for this event is to continue the conversation about mental health, addiction and suicide prevention.

“We are looking forward to hosting our 4th annual event,” shared Pat Jirovetz of the Wisconsin Council on Problem Gambling. “This is a terrific opportunity to continue our awareness campaign about addiction with a positive activity such as a run/walk. We will have a Facebook group for our participants to be able to connect to each other, post pictures, and have fun. We hope to have folks return from past years as well as encourage first-time participants to experience that accomplishment of completing the 5K.”

Sponsors for this event include: Creative Calm Counseling LLC, Hillside Dental and Ho-Chunk Madison Gaming.

For more information on problem gambling and resources available visit the Wisconsin Council on Problem Gambling website at www.wi-problemgamblers.org, call 1-800-GAMBLE-5 (1-800-426-2535), or find us on Facebook.

For more information on what you can do to reduce underage drinking or prescription drug misuse, visit the Drug Free Communities website at www.csifdl.org/priorities/alcohol-drug-abuse/, call 920-906-6587, or find us on Facebook.

For more information on emotional health screening for youth, visit the Fond du Lac Area YScreen Program website at www.csifdl.org/yscreen, or call 920-906-6571.

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