



## *Gambling Disorder Screening Day*

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**SPOKESPERSON:** *Available for comment*

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(Green Bay, WI) – March is Problem Gambling Awareness Month. March 12<sup>th</sup> is Gambling Disorder Screening Day. The Wisconsin Council on Problem Gambling has partnered with Creative Calm Counseling, LLC to have a Gambling Disorder Screening at UW-Madison in the Memorial Union Building from noon to 3:00pm.

“The Brief Biosocial Gambling Screen is a three question screen,” says Blozinski, Executive Director, Wisconsin Council on Problem Gambling. “It only takes a minute or two to answer the questions. For someone who is on the fence on whether or not they think they have a gambling problem, this screen could make a difference in their life.”

We want people to be more aware of the signs of problem gambling and know that there are counselors and programs available to help.”

The warning signs of problem or compulsive gambling include:

- Always thinking or talking about gambling
- Spending more time or money on gambling than you can afford
- Repeated attempts to cut back or stop gambling
- Gambling to escape stress or other problems
- Gambling to win back your previous losses
- Gambling until all of your money is gone
- Lying to family members and others about your gambling activity
- Borrowing money or stealing money to gamble
- Neglecting work, family, household responsibilities or personal needs because of gambling

WCPG also holds its annual statewide Problem Gambling Conference in March. The 20th annual conference is set for March 14<sup>th</sup> - 15<sup>th</sup> at the Blue Harbor Resort in Sheboygan, WI.

*If you or someone you know has a gambling problem, call the Wisconsin Council on Problem Gambling Helpline at 1-800-GAMBLE-5, Text at 1-850-888-HOPE or Live Chat through the WCPG website at [www.wi-problemgamblers.org](http://www.wi-problemgamblers.org).*

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*The **Wisconsin Council on Problem Gambling** is funded by a public awareness grant from the State of Wisconsin and additional funding from donors, including Wisconsin Native American Tribes. The Council operates a 24-hour Helpline at 1-800-GAMBLE-5 1-850-888-HOPE Textline, and Chat available on [www.wi-problemgamblers.org](http://www.wi-problemgamblers.org), distributes informational brochures, organizes an annual statewide conference, makes presentations on problem gambling and conducts training sessions for treatment providers interested in the special requirements for working with compulsive gamblers and their families.*