Twenty-First Annual
Wisconsin Council on Problem Gambling
Statewide Conference

“The Sounds of Healing through Awareness, Education and Prevention”

National and State Presenters from the Gambling, Substance Abuse, and Mental Health fields will provide presentations on co-occurring disorders, wellness, high risk groups, financial issues and treatment options as well as other related topics. Special entertainment following the Awards Banquet qualifies for 1.00 CEUs.

NEW THIS YEAR:
CONFERENCE KICK-OFF KEYNOTE
March 18, 2020 - 3:30-5:00 pm
EARN AN EXTRA 1.5 CEU’S (No Extra Cost)
*21.25 CEU’S TOTAL WITH FULL CONFERENCE PLUS PRE-CONFERENCE*

Keynote Speakers

Fred Dyer, Ph.D., CADC, Hope Recovery Center, Minneapolis, MN
Mark Sanders, LCSW, CADC, On The Mark Consulting, Chicago, IL
Dan Smith, BACC, ICGC-II, LCSW, SAP, BetNoMore Gambling Programs, Hillsboro, MO
James Walsh, Ph.D., LPCMN, BACC, James M. Walsh Pastoral Counseling, Wilmington, DE
Ken Winters, Ph.D., Oregon Research Institute-MN Location, University of Minnesota Adjunct Professor, Falcon Heights, MN

Online registration and payments are available!

Earn up to 21.25 CEUs

Ethics Training
Clinical Supervision

4 CEUs
Track 6 CEUs

KI-Center/Hyatt Regency in Green Bay, WI
March 19-20, 2020
(Pre-Conference on March 18)
Who Should Attend?
- Persons involved in problem gambling research, treatment and/or prevention
- Criminal Justice Personnel
- Employee Assistance Personnel
- Mental Health Professionals, Social Workers and Addiction Counselors
- Human Resource Personnel
- Elected and Non-Elected Tribal Officials
- Elected State and Municipal Officials
- Gaming Industry Personnel
- Educators and Students
- Clergy
- Problem/Compulsive Gamblers
- Friends and Family Members of Problem/Compulsive Gamblers

Why Should You Attend?
The Wisconsin Council on Problem Gambling, Inc. Annual Statewide Conference is a wonderful opportunity to bring together a great variety of people who have contact with problem gamblers in Wisconsin. This annual event provides connections to some of the leading experts in the disordered gambling field. The conference is designed for anyone concerned about problem gambling in Wisconsin, including those active in treating, preventing or researching gambling disorders.

Continuing Education Units:
Participants can earn up to 21.25 CEUs with attendance to the Pre-Conference and Full Conference. We will be applying for CEU certifications through the Associated for Addiction Professionals (NAADAC), Employee Assistance Certification Commission (EACC), National Council on Problem Gambling (NCPG), Wisconsin Association for Marriage and Family Therapy (WAMFT) and the National Association of Social Workers (NASW). All participants will receive a certificate of attendance within 6 weeks of the Conference.

Scholarships:
A limited number of scholarships are available, including the Susan Hengst Scholarship for recovering gamblers and the Richard Stanchfield Scholarship. The deadline for scholarship applications is February 26, 2020, and they are available on our website.

Exhibitor Information:
Individuals and organizations wishing to give their organization additional visibility within the problem gambling field may register as exhibitors. The deadline for registration is February 26, 2020. The cost for one table is $175, which includes registration for one person to accompany your booth, and take part in conference presentations and meals during the event. Exhibitor applications are available on our website.

Accommodations:
A limited number of rooms are available on a first-come/first-serve basis. Reservations should be made prior to Wednesday, February 26th, 2020, to be eligible for the conference rate of $119.00 (plus tax) per night. There is no guarantee if made after February 26th. To reserve your room, call the Hyatt Regency at 800-233-1234 and refer to the 21st Annual Wisconsin Council on Problem Gambling Statewide Conference. All reservations must be guaranteed by credit card or advance deposit. The Hyatt Regency is located at 333 Main Street, Green Bay, WI 54301. Complete directions will be mailed with confirmation. For additional information call 920-437-8888, email conference@wi-problemgamblers.org, or visit our website at wi-problemgamblers.org

Registration Information:
Pre-Registration is required. If you plan to attend Ethics, you MUST check the Ethics box listed on the registration form to participate in the presentation.

A $25.00 administration fee will be charged for conference registration cancellations. Absolutely no cancellation refunds after March 13, 2020. For additional brochures, directions, accommodation information, or any other additional information, please contact the WCPG.

Presenters' Biographies: Please visit our website at wi-problemgamblers.org to view the biographies of our presenters.

Wednesday, March 18, 2020

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<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>7:00 am-3:30 pm</td>
<td>Registration Open</td>
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<tr>
<td>8:00-11:00 am</td>
<td>Pre-Conference Workshops</td>
</tr>
<tr>
<td>11:00-12:00 pm</td>
<td>Lunch (on your own)</td>
</tr>
<tr>
<td>12:00-3:00 pm</td>
<td>Pre-Conference Workshops (continued)</td>
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<tr>
<td>3:30-5:00 pm</td>
<td>Conference Kick-Off Keynote</td>
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- Gambling as a Reaction to Grief
  Daniel Lloyd Smith, BACC, LCSW, Program Director, Assessment Counseling Solutions, St. Louis, MO
  This workshop began many years ago as an examination of the stigma of addiction, "stuck tragically in the grief and mourning of addiction." It has developed into an application of palliative/end of life care issues and techniques for gamblers and other addicts; into a review of available complementary alternative medical references as a practical adjunct if not replacement for meaning-making in cognitive behavioral therapy; and more recently into a practical how-to approach readily accessible by novice and experienced counselors.

- Leadership 2.0: A Workshop for Supervisors in Behavioral Health
  Mark Sanders, LCSW, CADC, On The Mark Counseling, Chicago, IL
  In this presentation you will learn: How to hire and retain the most talented employees, how to motivate staff to do their best work, how to build your team for optimal performance, creative leadership strategies, how to navigate change as a leader, how to take your leadership skills to the next level, the role of leaders in creating safety and helping reduce the impact of trauma and secondary trauma in the behavioral health workplace, how to develop new leaders and leave a lasting legacy as a leader.
This workshop will focus on the various elements of compassion, happiness and spirituality. It is helpful for those especially who struggle with traditional spirituality and 12 steps concepts.

- **Trauma and Gambling Addiction: Working Through the Issues**
  
  *James M. Walsh, Ph.D., LPCMN, BACC, James M. Walsh Pastoral Counseling, Wilmington, DE*

Beginning in 1995 Kaiser Permanente conducted the original study of the relationship between Adverse Childhood Experiences (ACEs) and adult outcomes, surveying over 17,000 Health Maintenance Organization members from southern California receiving physical exams. The results demonstrated a strong causal link between three categories of adverse childhood experiences (abuse, neglect, and dysfunctional household) and a lifetime of impairment in a variety of areas including neurodevelopment, social, emotional and cognitive impairment, adoption of high risk behaviors, disease, disability, and early death. There is a growing body of evidence that disordered gambling is among the high risk behaviors associated with childhood trauma. The purpose of this workshop will be to explore the research concerning ACEs as it relates to lifetime prevalence of gambling disorder, addictive disorders, and emotional suffering. Though the ACEs Questionnaire is an epidemiological instrument (and not a diagnostic tool), its use to suggest areas of focus in treatment planning will be considered. Finally, the relationship between gambling addiction subtypes and history of childhood trauma will be examined.

- **My Gambling - My Kids - Our Story**
  
  *LeAnne Holden, Cassie Holden, Waupun, WI  
  Amber Heling, Manitowoc, WI  
  Doug LaBelle, LCSW, ICGC-II, CEAP, Kenosha, WI*

This workshop will give a true life account of how gambling addiction can affect the family. The family will discuss how it was dealt with and how they have moved into a healing stage. We will discuss the family dynamics throughout this process.

- **Emerging Adults and Co-occurring Disorders**
  
  *Fred Dyer, Ph.D., CADC, Minneapolis, MN*

Emerging Adults or Emerging Adulthood is considered to be the age period between 18 to 25. It is further defined as those individuals who have not yet embraced the full responsibilities of adulthood. Substance use can complicate an already challenging transition to adulthood for emerging adults with serious mental health conditions. Studies are clear that the presence of co- occurring for emerging adults can impede successful negotiation of developmental challenges (Davis & Vander Stoep, 1997) with potential for school dropout, unemployment, homelessness, and legal problems co-occurring substance use and psychiatric disorders are associated with more functional impairment than either disorder alone (Vida et al., 2009). This skill building workshop will enable the participants in understanding the interfacing, and interrelatedness between substance use and psychiatric disorders in emerging adults, along with treatment principles and practices specific for Emerging Adults with co-occurring disorders.
Bearing Witness to Pain: Coping with Secondary Trauma

Scott Webb, MSE, Wisconsin Department of Health Services, Madison, WI

Those who work in human services are often “wounded healers” themselves. We will look at vicarious trauma, its effects on our work and discuss strategies to practice proper self-care - for ourselves and those that depend on us for help.

Exploring Practical Applications of the Third and Eleventh Steps

Dan Smith, B.AACC, ICGC-II, LCSW, SAP, CISD, BetterNoMore Gambling Programs, Hillsboro, MO

This workshop provides both novice and experienced professionals with the practical knowledge of assisting treatment populations and, in general, members of GA, with basic and advanced insights relative to steps 3 and 11. These 75 minute breakout sessions will be presented twice during the regular conference. The presenter and participants will explore strategies in overcoming client resistance and staff skepticism in both steps; provide a useful, pragmatic context for “working” or “doing” the steps and their inherent spirituality concerns. Participants with little to no experience with the steps will benefit from open discussion of the wording and relationship to a higher power, and practical concerns in following both steps. Advanced practitioners will benefit from rich diversity available by these steps in encouraging spiritual growth. The speaker will provide ample evidenced based research from the field as well as the facilitator’s own clinical experience.

More on Clinical and Public Health Perspectives of Cannabis in America

Ken Winters, Ph. D., Senior Scientist, Oregon Research Institute (MN location), Falcon Heights, MN

This talk will expand on the presenter’s talk at last year’s conference about cannabis in America. More states are favoring legalization of cannabis and several clinical issues are relevant. The presenter will briefly review new facts and misconceptions about cannabis use and its potential health impacts, including its possible medicinal value, and discuss clinical issues about cannabis when treating problem gamblers.

My Feeling Container

Maria J. Vinton, MS, ATRL-BC, Oshkosh, WI

Participants will explore feelings through the process of using earth clay while listening to soothing instrumental music. An opportunity to share clay expressions will be given by verbalization and/or quiet witnessing. Talent or skill is not required to participate.

Why Are We Afraid to Ask About Gambling?

Andrew J Schreier, LPC, ICS, CSAC, New Life Resources, Inc. and Waukesha Comprehensive Treatment Center, Menomonee Falls, WI

In a world of addiction epidemics, ranging from opioids to stimulants to pornography and even technology, gambling continues to be overshadowed and often avoided. Gambling has been around since alcohol; and the impact on individuals who become problem gamblers or gambling use disorders can be devastating. However, the attention and efforts needed to help these individuals continues to go unnoticed, even by the professionals.

Ask yourself the following questions:

- How often do I ask about gambling?
- Do we ask about gambling during the assessment or intake?
- If the individual says they do gamble, how much further do I explore it?
- How do I treat or work with a client who has identified themselves as having a problem with gambling?
- What impact does gambling have on other disorders such as substance use and mental health?

To become more comfortable talking to clients about gambling we need to look at our own viewpoints and beliefs about gambling. This presentation will focus on bringing our own attention to gambling in today’s world, how to look for it and help our clients who may have a problem and work professionally towards increasing awareness to a disorder that continues to impact the lives of many people and those who love them.

Please be advised that there may be video materials that may be a trigger to someone with a Gambling Disorder.

The WCPG’s public awareness campaign is funded in part by the Wisconsin Department of Health Services, Division of Care and Treatment Services. The Wisconsin Council on Problem Gambling would like to thank Potawatomi Hotel & Casino for their ongoing support.
Thursday, March 19, 2020

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<tbody>
<tr>
<td>7:00 am-4:00 pm</td>
<td>Registration Open</td>
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<tr>
<td>8:00 am</td>
<td>Welcome</td>
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<tr>
<td>8:00-9:15 am</td>
<td>Keynote #1</td>
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<tr>
<td>9:15-9:30 am</td>
<td>Break</td>
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<tr>
<td>9:30-10:45 am</td>
<td>Workshops #1</td>
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<tr>
<td>10:45-11:00 am</td>
<td>Break</td>
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<tr>
<td>11:00 am-12:15 pm</td>
<td>Workshops #2</td>
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<tr>
<td>12:15-1:00 pm</td>
<td>Lunch</td>
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<td>1:00-2:30 pm</td>
<td>Keynote #2</td>
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<tr>
<td>2:30-2:45 pm</td>
<td>Break</td>
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<tr>
<td>2:45-4:00 pm</td>
<td>Workshops #3</td>
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<tr>
<td>4:15-5:15 pm</td>
<td>Open GA and Gam-Anon Meetings</td>
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<tr>
<td>6:00-9:00 pm</td>
<td>Awards Banquet</td>
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**8:00am: Welcome**

- Rose Blozinski, Executive Director of the Wisconsin Council on Problem Gambling

**8:00am - 9:15am: Keynote**

- Sports Betting is Here and It’s Going to be an Emerging Clinical Issue
  
  **Ken Winters, Ph.D., Senior Scientist, Oregon Research Institute (MN location), Falcon Heights, MN**

  Given significant technological advances, the U.S. Supreme Court ruling in 2018 permitting states to offer and regulate sports wagering, and multiple international governments already regulating and licensing sports wagering operators, there is little doubt that sports wagering will continue to grow exponentially in the U.S. This expanding landscape of sports wagering poses several public health issues and is an alert to the problem gambling treatment field. The presenter will review the status of sports betting in the U.S. and provide take-home keys for clinicians as it can be expected that more problem gamblers will cite sports betting as their preferred gambling indulgence.

**9:30am - 10:45am: Workshops**

- Trauma and Gambling Addiction: Working Through the Issues: James Walsh
- Emerging Adults and Co-occurring Disorders: Fred Dyer
- Bearing Witness to Pain: Coping with Secondary Trauma: Scott Webb (Thursday Only)
- Ethics: Doing No Harm in the Helping Field: Pat Jirovetz and Ann Frintner

**11:00am - 12:15pm: Workshops**

- Exploring Practical Applications of the Third and Eleventh Steps: Dan Smith
- Caution - Convergence Ahead! ? ! ?: Doug LaBelle
- Why Are We Afraid to Ask About Gambling?: Andrew Schreier
- Ethics: Doing No Harm in the Helping Field: Pat Jirovetz and Ann Frintner

**1:00pm - 2:30pm Keynote**

- Burnout and Gambling Disorder: Help For the Professional
  
  **James M. Walsh, Ph.D., LPCMN, BACC, Wilmington, DE**

  People in high stress careers suffer from higher rates of job distress, burnout and impairment than the general working population. When these professionals have not developed effective stress management skills, they are at an increased risk for job distress to progress to burnout or even impairment. This is particularly true for persons in high profile, high trust careers that are heavily regulated and require professionally mandated certifications and/or licenses, such as attorneys, mental health professionals, accountants, physicians and real estate agents. When distress progresses to burnout and impairment, professionals with ineffective stress management skills often turn to stress relievers that can lead to addiction, particularly process addictions such as gambling. Disordered gambling is even more prevalent, and dangerous, when these high stress professionals have access to money. This workshop will acquaint attendees with the research in the area of stress management as it relates to burnout and impairment. The typical signs and symptoms of burnout and impairment will be explained, and simple screening tools will be identified and taught. Attendees will be provided access to resources that promote stress management. Epidemiological research concerning the extent of Gambling Disorder among professionals will be reviewed, with an emphasis on its impact on licensed professionals.

**2:45pm - 4:00pm: Workshops**

- More on Clinical and Public Health Perspectives of Cannabis in America: Ken Winters
- Helping People with Gambling Disorders Relieve Suffering Through Compassion, Happiness, and Spirituality: Michael Goldman
- My Gambling - My Kids - Our Story: Leanne Holden, Cassie Holden, Amber Heling, Doug LaBelle
- Ethics: Doing No Harm in the Helping Field: Pat Jirovetz and Ann Frintner (2:45pm - 4:15pm)
Drum Circles: An Alternative and Holistic Approach to Treatment:  *Jim Harrison, BS, MS, LPC, CSAC, ICGC-II, BACC (1.00 CEU)*

The drum is probably one of the first instruments used by humans. Drumming has been used as a method of communication, worship and spiritual ceremonies, entertainment, and just pure enjoyment and recreation. It has also been used as a form of stress and anxiety relief.

Drumming can also be used as a form of therapy. Drum Circles are devised to provide and emphasize fun, self-expression, stress reduction, social interaction and community building, exercise for mind, body and spirit, camaraderie and support, along with developing key musical skills; such as rhythmicity, improvisation, and ensemble playing.

The circle is facilitated by Jim Harrison, percussionist and clinical therapist. Instruments will be provided or participants are encouraged to bring their own drums or “toys”. There is no audience, no rehearsal, and no right or wrong. The only requirement is the desire to share and have a good time.

**Friday, March 20, 2020**

<table>
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<tr>
<td>9:15-9:30 am</td>
<td>Break</td>
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<td>9:30-10:45 am</td>
<td>Workshops #4</td>
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<td>10:45-11:00 am</td>
<td>Break</td>
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<tr>
<td>11:00 am-12:15 pm</td>
<td>Workshops #5</td>
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<tr>
<td>12:15-1:00 pm</td>
<td>Lunch</td>
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<tr>
<td>1:00-2:30 pm</td>
<td>Keynote #4</td>
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<tr>
<td>2:30-4:45 pm</td>
<td>Break</td>
</tr>
<tr>
<td>2:45-4:00 pm</td>
<td>Workshops #6</td>
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### 8:00am - 9:15am: Keynote

- **Mindfulness and Meditation As Clinical Necessities in SUD and Gambling Treatment**

  *Daniel Lloyd Smith, BACC, LCSW, Program Director, Assessment Counseling Solutions, St. Louis, MO*

This workshop provides both novice and experienced professionals with the practical knowledge needed to implement successfully mindfulness and meditation practices in clinical addiction and mental health treatment settings. The 75 minute session will explore strategies in overcoming client resistance and staff skepticism; provide a useful, pragmatic context for doing meditation with clients who have little to no experience; and review the current trends in mindfulness. The speaker provides ample evidenced based research from the field as well as the facilitator’s own clinical and recovering experience.

### 9:30am - 10:45am: Workshops

- More on Clinical and Public Health Perspectives of Cannabis in America: Ken Winters
- Emerging Adults and Co-occurring Disorders: Fred Dyer
- Caution - Convergence Ahead! ?! ?!: Doug LaBelle

### 11:00am - 12:15pm: Workshops

- Helping People with Gambling Disorders Relieve Suffering Through Compassion, Happiness, and Spirituality: Michael Goldman
- Trauma and Gambling Addiction: Working Through the Issues: James Walsh
- My Gambling - My Kids - Our Story: Leanne Holden, Cassie Holden, Amber Heling, Doug LaBelle

### 1:00pm - 2:30pm: Keynote

- **The Connection Between Emerging Adults, Gambling, Homelessness, and Substance Use Disorders**
  *Fred Dyer, Ph.D., CADC, Minneapolis, MN*

Gambling problems continue to be a challenge for emerging adults with substance use disorders. Besides the difficulties of transitioning into adulthood, the transition is complicated with gambling and it’s interfacing with substance use, which both have the potential outcome of homelessness and, due to funding, sometimes can create treatment challenges.

### 2:45pm - 4:00pm: Workshops

- Exploring Practical Applications of the Third and Eleventh Steps: Dan Smith
- Why Are We Afraid to Ask About Gambling: Andrew Schreier
- My Feeling Container: Maria J Vinton (Friday Only)
TWENTY-FIRST ANNUAL WISCONSIN COUNCIL ON PROBLEM GAMBLING STATEWIDE CONFERENCE

(Only one person may register per form. Please photocopy for additional registrations. PLEASE PRINT CLEARLY)

**If there are 3 or more people attending from one organization each will receive $10 off their registration fees**

Name: ___________________________
Title: __________________________
Organization: ____________________
Address: _________________________
City/State/Zip: ____________________
County: ___________ Phone: __________
Email: ___________________________

Meals: □ Regular □ Vegetarian

Pre-Registration Is Required.

Registration Checklist:
Please have the following completed for your Conference Registration:
□ Completed application form
□ Meal selection (Regular/Vegetarian)
□ Awards Banquet attendance
□ Conference Kick-Off Keynote
□ Ethics attendance (check box below if attending)
□ Membership submission if desired
□ Payment
□ EAP Continuing Education

AWARDS BANQUET: Thursday, March 19, 2020 6:00pm - 9:00pm
□ I will attend   □ I will not attend   □ $30.00 Non-registered Banquet Guest
(The Full Conference and Thursday Only Rates Include the Awards Banquet at no additional cost, but you must register in advance.)

RATES
BEFORE 2/26/20:
□ $50.00
□ $55.00
□ $150.00
□ $175.00
□ $100.00
□ $225.00
□ $195.00
□ $250.00

RATES
AFTER 2/26/20:
□ $55.00
□ $65.00
□ $175.00
□ $200.00
□ $125.00
□ $250.00
□ $225.00
□ $250.00

Please check if you plan to attend Ethics: □

Your WCPG Bronze level or higher Membership saves you money:
Renew your Bronze Membership or join now and save $35 off Full Conference Registration!

Membership Fee: $_________ ($75.00 or more for discount)

Conference Fee: $_________

Membership Discount: ($35.00)

TOTAL Enclosed: $_________

Please make check or money order payable to:
Wisconsin Council on Problem Gambling, Inc. (WCPG)
Mail to: 1585 Allouez Avenue
Green Bay, WI 54311

Now accepting online registration and credit card payments!

Please include your email address when registering. We will email all correspondence and CEU Certificates.

If you register without an email address, you will receive correspondence via mail to the address provided.

** All rates include breaks.
** Lunch included with Thursday and Friday registration.

****** REGISTRATION DEADLINE IS MARCH 13, 2020 ******
NEW THIS YEAR:
CONFERENCE KICK-OFF KEYNOTE
March 18, 2020 - 3:30-5:00 pm
EARN AN EXTRA 1.5 CEU'S (No Extra Cost)
*21.25 CEUs TOTAL WITH FULL CONFERENCE PLUS PRE-CONFERENCE*

"The Sounds of Healing through Awareness, Education, and Prevention"

Ethics Training
4 CEUs
Earn up to
21.25 CEUs
Clinical Supervision
6 CEUs

MISSION STATEMENT
The Wisconsin Council on Problem Gambling, Inc. provides resources, public awareness, and education on gambling disorders while maintaining strict neutrality on the issue of legalized gambling.