Blue Harbor Resort in Sheboygan, WI
March 14-15, 2019
(Pre-Conference on March 13)

Twentieth Annual Wisconsin Council on Problem Gambling
Statewide Conference

“Follow the Yellow Brick Road….Celebrating 20 Years of Awareness, Education and Prevention One Brick at a Time”

National and State Presenters from the Gambling, Substance Abuse, and Mental Health fields will provide presentations on co-occurring disorders, wellness, high risk groups, financial issues and treatment options as well as other related topics.

Special entertainment following the Awards Banquet qualifies for 1.00 CEU hour.

Online registration and payments are available!

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<tr>
<th>Ethics Training</th>
<th>Earn up to</th>
<th>Clinical Supervision</th>
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<tr>
<td>4 CEUs</td>
<td>20.25 CEUs</td>
<td>6 CEUs</td>
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Mission Statement
The Wisconsin Council on Problem Gambling, Inc. provides resources, public awareness, and education on gambling disorders while maintaining strict neutrality on the issue of legalized gambling.
The WCPG’s public awareness campaign is funded in part by the Wisconsin Department of Health Services, Division of Care and Treatment Services. The Wisconsin Council on Problem Gambling would like to thank Potawatomi Hotel & Casino for their ongoing support.

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Pre-registration is required. If you plan to attend Ethics, you MUST check the Ethics box listed on the registration form to participate in the presentation. A $25.00 administration fee will be charged for conference registration cancellations. Absolutely no cancellation refunds after March 8, 2019. For additional brochures, directions, accommodation information, or any other additional information, please contact the WCPG.

Presenters’ Biographies: Please visit our website at wi-problemgamblers.org to view the biographies of our presenters.

Accommodations:
A limited number of rooms are available on a first-come/first-served basis. Reservations should be made prior to Monday, February 20th, 2019 to be eligible for the conference rate of $105.00 (plus tax) per night. There is no guarantee if made after February 20th. To reserve your room, call Blue Harbor Resort at 866-701-BLUE and refer to the 20th Annual Wisconsin Council on Problem Gambling Statewide Conference. All reservations must be guaranteed by credit card or advance deposit. Blue Harbor Resort is located at 725 Blue Harbor Drive, Sheboygan, WI 53081. Complete directions will be mailed with confirmation.

Registration Information:
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Who Should Attend?
- Persons involved in problem gambling research, treatment and/or prevention
- Criminal Justice Personnel
- Employee Assistance Personnel
- Mental Health Professionals, Social Workers and Addiction Counselors
- Human Resource Personnel
- Elected and Non-Elected Tribal Officials
- Elected State and Municipal Officials
- Gaming Industry Personnel
- Educators and Students
- Clergy
- Problem/Compulsive Gamblers
- Friends and Family Members of Problem/Compulsive Gamblers

Why Should You Attend?
The Wisconsin Council on Problem Gambling, Inc. Annual Statewide Conference is a wonderful opportunity to bring together a great variety of people who have contact with problem gamblers in Wisconsin. This annual event provides connections to some of the leading experts in the compulsive gambling field. The conference is designed for anyone concerned about problem gambling in Wisconsin, including those active in treating, preventing or researching the gambling disorder.

Continuing Education Units: Participants can earn up to 20.25 CEUs with attendance to the Pre-Conference and Full Conference. CEU certiﬁcates are granted through the Association for Addiction Professionals (NAADAC), Employee Assistance Commission (EACCI), National Council on Problem Gambling (NCPG), and Wisconsin Association for Recovery and Family Therapy (WAMFT). All participants will receive a certificate of attendance within 6 weeks of the Conference.

Scholarships:
A limited number of scholarships are available, including the newly formed Susan Hengst Scholarship for recovering gamblers and the Richard Stanchfield Scholarship. The deadline for scholarship applications is February 20, 2019, and they are available on our website.

Exhibitor Information:
Individuals and organizations wishing to give their organization additional visibility within the problem gambling field may register as exhibitors. The deadline for registration is February 20, 2019. The cost for a one-table display is $175, which includes registration for one person to accompany your booth, and take part in conference presentations and meals during the event. Exhibitor applications are available on our website.

For additional information visit 920-437-8888, email conference@wi-problemgamblers.org, or visit our website at wi-problemgamblers.org

** All rates include breaks.
** Lunch included with Thursday and Friday registration.
***** REGISTRATION DEADLINE IS MARCH 8, 2019 *****
Special Presentation During the Awards Banquet: The St. Spyridon Greek Dance Group facilitated by James Harrison, MS, CSAC, LPC, IGCC-II, and BACC. It is often expressed to our clients that there are many “recovery activities” one can be part of that are not specifically recovery related activities. Cultural diversity and ethnicity training and activities can be part of one’s new recovery program. Members of the audience will have the opportunity to be part of The St. Spyridon Greek Dance Group, learn a dance and perform with the team. This activity will allow them to immerse themselves in the culture.

Awards Banquet 6:00 pm - 9:00 pm

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Friday, March 15, 2019

8:00am - 9:15am: Keynote

- Screening, Brief Intervention and Referral to Treatment (SBIRT) to Address Problem Gambling
  Ken Winters, Ph. D., Senior Scientist, Oregon Research Institute, Falcon Heights, MN

This presentation will provide an overview of the conceptual basis, development, clinical applications and content of a counseling model, termed SBIRT, to address problem gamblers. SBIRT is an emerging counseling approach to reduce or minimize harm associated with alcohol abuse and it is a promising strategy to address problem gamblers. The Screening tool addresses gambling behavior and the underlying functional value to gamble. The Brief Intervention consists of two individual counseling presentations, one-hour each, and is based on stage of change theory and cognitive behavioral strategies, and consists of adaptations based on the dominant functional value that is driving the person’s gambling (e.g., address negative emotions, satisfy need to take risks). The Referral to Treatment component involves deciding next steps for client, which may mean a referral for intensive treatment. The proposed talk will also provide an overview of the clinical skills needed to apply this approach. The presentation will be interactive; the speaker will engage attendees with targeted questions and issues for group discussion.

9:30am - 10:45am: Workshops

- Drum Circles: An Alternative and Holistic Approach to Treatment; James Harrison III (Part 2)
- A Path to Recovery: Finding Purpose and Fulfillment after Gambling; Spencer Christian

11:00am - 12:15pm: Workshops

- Understanding Problem Gambling Through Film and Television; Marc Lefkowitz
- Sports Gamblers: Non Sports Gamblers Vs. Sports Gamblers Similarities and Differences; Jerry Bauerkemper
- Marijuana and America: Clinical and Public Health Perspectives; Ken Winters

1:00pm - 2:30pm: Keynote

- Working the Gamblers Anonymous 12 Steps of Recovery; Marc Lefkowitz, IGCC-II, Problem Gambling Advisor, Prescott, AZ

More gamblers and families in recovery use the Gamblers Anonymous and Gam-Anon Recovery Programs to treat their gambling problem than any other treatment strategy. The presentation will focus on the Gamblers Anonymous 12 Step Recovery Program. Topics will include: differences with our 12 Step programs, an overview of each step, how the steps work in conjunction with each other, spirituality vs. religion, and how to work the Steps with clients/patients.

2:45pm - 4:00pm: Workshops

- Introduction to Internal Family Systems; Judy Bruett and Terry Ortiz
- Setting and Holding Boundaries with Your Problem Gambler: A Primer for Families; Abby Janssen
- Improving Emotional Intelligence and Resilience for People with Gambling Disorders; Michael Goldman

Workshops Available Thursday and Friday

The following is a list of the workshops and their descriptions that will be presented throughout the Conference. The scheduled times are listed on the following pages.

Wednesday, March 13, 2019

8:00 am - 9:00 am
Registration Open

9:00 am - 10:30 am
Pre-Conference Workshops
Break

10:30 am - 12:00 pm
Pre-Conference Workshops (continued)
Lunch (on your own)

12:00 pm - 1:00 pm
Pre-Conference Workshops (continued)

1:20 pm - 3:00 pm
Pre-Conference Workshops (continued)

9:00 am - 4:30 pm
Pre-Conference Workshop

- Gambling Supervision
  Jerry Bauerkemper, BS, CCCG, Nebraska Council on Compulsive Gambling, Bellevue, NE

This presentation will help gambling supervisors and counselors to provide gambling services based on success models and supervising to achieve those models.

Participants will understand gambling supervision, the levels of supervision needed for new, intermediate and seasoned gambling counselors. They will also learn what constitutes successful outcomes for gamblers.

- Trauma-Informed Care: Putting Humanity Back into Human Services
  Scott Webb, LCSW, Wisconsin Department of Health Services, Madison, WI

Trauma-informed care is an intervention and organizational approach that focuses on how trauma may affect an individual’s life and their response to receiving behavioral health services. This presentation will explore trauma and its prevalence in society. We will review the adverse childhood experiences study and how the five values of trauma-informed care drive connection and can be applied in multiple service settings.

- Ethics, Boundaries and Much More
  Dan W. Bishop, LPC, LIC, LCSU University of Wisconsin-Platteville, Platteville, WI

Ethical, legal and moral issues can creep into any counseling or therapy experience. Competent and effective professionals regularly have to navigate the complex and changing world of professional liability. This interactive and fast paced presentation will increase the awareness of potential errors, review the common principles and standards of ethical decision-making and application of ethical decision-making models.

Ethics will be presented throughout Thursday’s presentations only. You must attend all 3 presentations to gain full credit. If you plan to attend Ethics, you MUST check the Ethics box listed on the registration form to participate in the presentation. Ethics ends at 4:15.

- Sports Gamblers: Non Sports Gamblers Versus Sports Gamblers Similarities and Differences
  Jerry Bauerkemper, BS, CCCG, Nebraska Council on Compulsive Gambling, Bellevue, NE

This presentation will compare 1985 sports gamblers with modern day sports gamblers and compare non-sports gamblers with sports gamblers at intake and discharge including success rates. We will compare Custer’s gamblers with today’s sports gamblers. This research study compares sports gamblers with non-sports gamblers. We will project the future and how sports gambling will change and how sports gamblers will look when entering treatment in the next ten years.

- Introduction to Internal Family Systems
  Judy Bruett, MS, LICSW, Cornerstone Counseling Services, Milwaukee, WI
  Jerry Ortiz, MSW, LCSW, Trillium Care Group, Milwaukee, WI

Internal Family Systems (IFS) is a model of psychotherapy that applies systematic principles to the individual. IFS views the human mind as a system of interactive parts guided by a centralized self. Using IFS, psychotherapists can strengthen the Self and improve the interactions among parts toward the overall well-being of clients.

- A PATH TO RECOVERY: Finding Purpose and Fulfillment after Gambling
  Spencer Christian, Journalist & Author, CA

In this presentation, Spencer will explain in graphic detail how he descended into the depths of despair and desperation because of compulsive gambling. He will describe the financial devastation, effects on family, emotional toll and the near loss of his career. Then, with his personal journey as an example, he will offer helpful steps to recovery. His presentation will include a power points presentation and will encourage dialogue and discussion throughout the presentation.
Problem gambler can be difficult. We often worry about setting and maintaining healthy boundaries with a problem gambler to seek change. Participants will learn what healthy boundaries are and are not, how to set and maintain those boundaries even when there isn’t cooperation, how healthy boundaries affect the entire family, and how healthy boundaries can motivate the problem gambler for change.

- Understanding Problem Gambling Through Film and Television.
  Marc Lefkowitz, ICGC-II, Problem Gambling Advisor, Prescott, AZ
  The movie and television industries have produced a myriad of content related to gambling. Many are well researched and feature problem gambling themes. This interactive workshop will feature media clips depicting problem gambling themes that will be useful in helping counselors/therapists better understand the language and symptoms of problem gambling. Discussion will follow after viewing some of the clips. The workshop will conclude with a DSM-5 quiz using clips from a movie.

- Marijuana and America: Clinical and Public Health Perspectives
  Ken Winters, Ph. D., Senior Scientist, Oregon Research Institute, Falcon Heights, MN
  Marijuana is probably the most commonly used “ illicit” drug worldwide. As policy shifts gain favor toward the medicalization and legalization of marijuana, several complex health, social and legal issues become prominent. This presentation will seek to challenge misconceptions and myths that create barriers to informed and balanced perspectives and derail rational approaches to prevention and treatment approaches, and offer a balanced, science-informed view of the health impacts of marijuana use and potential benefits of medical marijuana. Dr. Winters will discuss clinical marijuana issues when treating problem gamblers.

  James F. Wuefling, BA, The New England Center, North Brookfield, MA
  This presentation will look at one particular recovery support service—recovery coaching. Topics will include a discussion of the role of recovery coaching, how it differs from a clinical service and/or sponsorship in a 12-step fellowship. Issues such as selection, training, supervision, policies and duration of service will also be addressed. Similarities and differences between SUD coaching and problem gambling coaching will also be discussed.

However, healthy boundaries are essential in maintaining the health of the family and can help motivate the problem gambler to seek change.

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- Setting and Holding Boundaries with Your Problem Gambler: A Primer for Families
  Abby Janssen, MSW, LCSW, CSAC, Affiliated Clinical Services, West Bend, WI
  Setting and maintaining healthy boundaries with a problem gambler can be difficult. We often worry about putting our loved one further away and being seen as hurtful or unkind.