



***Don't let betting on your favorite team  
cause you to lose more than a bet***

**SPOKESPERSON:** *Available for comment/interview*

Rose Blozinski, Executive Director, Wisconsin Council on Problem Gambling, 1-920-437-8888

**For Immediate Release November 7, 2018**

(Green Bay, WI) – With football season here, the Wisconsin Council on Problem Gambling (WCPG) is urging people to be cautious on how much money and time they spend on gambling. There is talk about fantasy football and office pools everywhere you go. For some, betting is as close as their pocket. People can place bets and keep track of how their teams are doing right from their cell phone.

“Many problem gamblers report substantial financial losses. It may start off as a fun bet with your co-workers or family members on who’s going to win the next football game. But for some people it could lead to a downward spiral of negative consequences,” says Rose Blozinski, WCPG’s Executive Director.

Nationwide, gambling addiction costs society at least \$6 billion per year. (NCPG) Although most who gamble do so without harm, approximately 6 million American adults are addicted to gambling.

If betting on a game means too much to you or someone you know, call the Wisconsin Council on Problem Gambling Helpline at 1-800-GAMBLE-5, Text at 1-850-888-HOPE or Live Chat through the WCPG website at [www.wi-problemgamblers.org](http://www.wi-problemgamblers.org).

###

*The **Wisconsin Council on Problem Gambling** is funded by a public awareness grant from the State of Wisconsin and additional funding from donors, including Wisconsin Native American Tribes. The Council operates a 24-hour Helpline at 1-800-GAMBLE-5 / 1-850-888-HOPE Text line, and Chat available on [www.wi-problemgamblers.org](http://www.wi-problemgamblers.org), distributes informational brochures, organizes an annual statewide conference, makes presentations on problem gambling and conducts training sessions for treatment providers interested in the special requirements for working with compulsive gamblers and their families.*

*For more information, visit the [Wisconsin Council on Problem Gambling](http://www.wisconsin-council-on-problem-gambling.org) website, visit us on Facebook at [www.facebook.com/WisconsinCouncilonProblemGambling](https://www.facebook.com/WisconsinCouncilonProblemGambling) or follow us on Twitter at <https://twitter.com/wcpgambling>*